



Joy in Life

Change The Way You Think.

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If you have been following in, Joy in Life, Your Guide to Genuine Joy & True Happiness, you will remember:

STEP ONE: *Always Ask the Expert First.*

STEP TWO: *Follow His Instruction.*

STEP THREE: *Never Give Up.*

STEP FOUR: *Know Who You Are*

STEP FIVE: *Change The Way You Think.*

STEP FIVE: CHANGE THE WAY YOU THINK.

You always reap what you sow! More than you sow ... later than you sow.

What kinds of words are framing your thinking? Every word we speak will determine where we go and who we will become. If we change our words, we can change the direction of our lives.

Here's how it works: Our *thoughts* determine our *words*, our words determine our *emotions* (how we feel), our emotions determine our *decisions*, and our decisions determine our *actions*. Our actions (what we do) become our *character* (who we are), and will ultimately lead us to our *destination*. So if we don't like our destination, we need to back up and start changing the words that are framing our thinking.

The engine of the advertising industry is to get an image of perfection and desire into your mind. Their intention is to suggest that unless we purchase what they are selling or desire to become like the people in the commercials, we will be inferior and unhappy. "If I buy this, people will like me." "If I looked like that, I would be happy." "If I act like my favorite movie star, I would be more like them."

Our consumer culture is saturated by images that turn thoughts into words and words into emotions. Our emotions will determine our decisions and our actions, and finally lead us to our destination. If words didn't work, advertisers would not spend millions of dollars to make you think you need to become like everyone else in order to be content and happy.

The only way to escape this trap is to put more value into what God's Word has to say about you than the words others have to say about you. God created everything by His Word, and unlike advertisers, He is concerned about you living well. I guarantee that if you change your words, you will change your world. The answers to all of life's problems are right under your nose; they are in your tongue. ***"Death and life are in the power of the tongue, and those who love it will eat its fruits" (Prov. 18:21).***

FACT VS. FICTION

I have often been asked, “If God is good, then why do bad things happen?” I often answer, “If God is not good, then how does good even exist?” Well, you know what? If God didn’t exist and if He wasn’t good, we wouldn’t even be here discussing the matter. It’s all a matter of perspective and how you pose the question. It’s like the is the glass half empty/half full question. According to God, it’s neither; the glass is always overflowing. **“And your vats will overflow with new wine” (Prov. 3:10).**

The truth is, we are all invited to God’s supper table. In the parable of the Great Supper, **(Luke 14:15–24)** Jesus, talks about a certain man who gave a great supper and invited many. **“He sent his servant out at suppertime to call all of those who were invited but they all began to make excuses. So the servant came back to report these things to the master. So the master of the house, being angry, said to the servant, ‘go out quickly into the streets, and bring the poor and the maimed and the lame and the blind.’ And the servant did that and said, ‘Master, it is done as you commanded and there is still room.’ Then the master said to the servant, ‘Go out into the highways and hedges, and compel them to come in that my house may be filled.’”**

The grace of God is such that He wants everyone to join Him in a life of rich rewards and multiple blessings. He even told the servant to compel, or plead with them to come in. The problem is that He won’t force you to do anything you choose not to do. He has invited us all to join Him for a life that is full of rewards; it’s just that many choose not to attend.

GRACIOUS TO GLORIOUS

Kathryn Adams, a long time friend and partner started her first day in eternity. On April 3rd 2012 at the age of 93, she was gloriously transformed and is now at perfect peace in her new home. We will miss you but are assured one day we will see each other again. Kate will be in our hearts forever.

“Well done, good and faithful servant; you were faithful over a few things. I will make you ruler over many things. Enter into the joy of your lord” (Matt 25:21).

Your Guide to Genuine Joy & True Happiness is a process that requires faith in God and sincere effort on your part. Get to know God better because what He wants above anything else is intimacy with you. You are His prized possession. Our job is to let you know how much God loves you. *We would really appreciate your comments and prayer requests.*

Much Joy in Life

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